

Ashe County Free Medical Clinic
Volunteer Meeting Minutes
September 28, 2010

In attendance: Monica Madden-Lynn, Barbara Trask, Lucy Miller, Audrey Lundin, Sherry Hodges, Dr. Marta Pfaffenberger

1. MOVING TO THE NEW BUILDING

The move dates are Friday, October 22 (Doug wants to get started at 8am) and Saturday, October 23. There is plenty of work to be done before then and anyone who can help on Friday afternoons after 2pm or Saturday mornings can contact Monica and she will find something for you to do. There is still more painting to be done and of course cleaning, etc.. The day of the move we will need help unpacking too and those who can help with that aspect can come later in the morning.

2. FLU VACCINE

The vaccine should arrive at the clinic this week. Monica has the contact lists prepared and will need help making the calls which we will probably do on a Tuesday to administer the vaccine on a Thursday.

3. SWEATER TICKETS

Anyone with raffle tickets needs to get them back to Monica. The drawing will be October 14 at Spin A Web.

4. CPR IN DECEMBER

Ed Hammitt will provide another CPR class in December. The cost is \$3.

5. WINTER WEATHER

Do not attempt to come to work at the clinic if the roads are bad this winter. Monica will call all volunteers to let you know if the clinic is closed when you are on the schedule. It is not worth risking your life, limb or car to get to the clinic but please call Monica if you are not coming to work.

6. BLOOD PRESSURE CUFFS

BP cuffs typically cost the clinic around \$40. We only want to provide these to patients who have unstable blood pressure or who are unable to come by the clinic to have their BP checked.

7. JEFFERSON DRUG \$4 DRUGS

Patients are not paying for their medications at Jefferson Drug which costs the clinic around \$20 to \$30 a month. Please remind patients they must pay for the medications. Monica put together a list of those patients who have abused this the most.

8. DIABETES/HYPERTENSION REPORTS

In summary we have 64 diabetic patients with an average HgA1C of 7.7. We have more patients taking several or more meds. With the HTN Report, we found that patients taking diuretics are not getting lab work as often as they should. Anytime you notice a patient on a diuretic please bring it to Monica's attention so that she can order labs as needed. Please read the Diabetes and Hypertension Reports in the Communication Book.

HOUSEKEEPING

9. The clinic has lost all the volunteers who did housekeeping and Monica has been cleaning the clinic each week. She has approached several people to ask for help but has been turned down. She asks that if anyone knows someone who might be willing to do this please have them contact her.

The meeting was adjourned and all present went on a field trip to the new building.

The next volunteer meeting will be January 25, 2010.